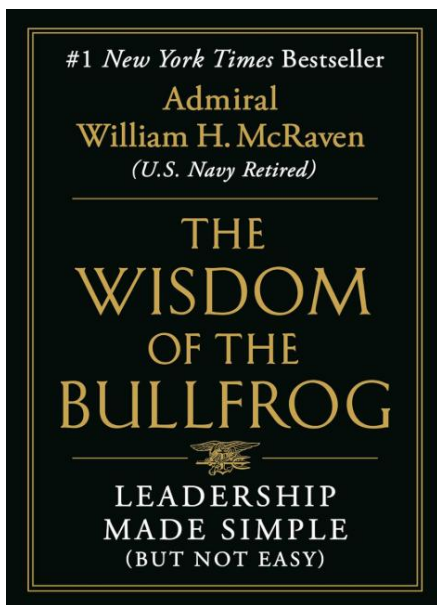


AUGUST CAPTAIN'S CONCLAVE EVENT



HELMWISE

Join your fellow Helmwise Captains for a collaborative discussion of the leadership tenets garnered by Admiral William H. McRaven over 37 years as a U.S. Navy SEAL. Humility, sacrifice, stewardship, and legacy are the 'core four' of the Helmwise methodology's State of the Captain, and each can be seen in McRaven's experiences that he shared in his recent book, *The Wisdom of the Bullfrog*.



The 'Core Four' principles of the State of the Captain are designed to ground a Captain so that they can execute the Core Discipline of asking the right question, at the right time and depth. The core discipline is informed by wisdom. But how often are we seeking to learn life lessons from others? Listening and heeding the advice of our elders, such as fathers, mothers, grandfathers, and grandmothers, may still be practiced in our hyper-connected world. However, as leaders, we must expand our circle and seek the wisdom of impactful stewards, such as Admiral McRaven, to grow faster and smarter.

WHEN: Thursday, August 14, 2025 12:00p ET

WHERE: Zoom

RESOURCE: [Outward Mindset](#)

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