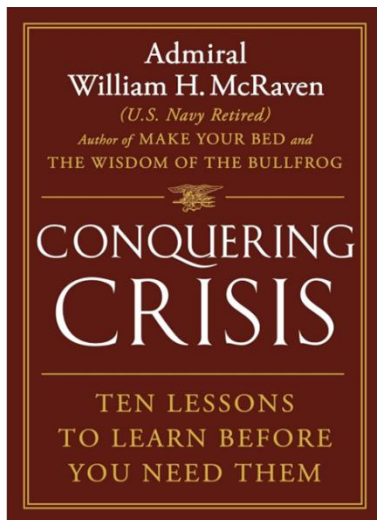


SEPTEMBER CAPTAIN'S CONCLAVE EVENT



HELMWISE

Join your fellow Helmwise Captains for a collaborative discussion of the leadership tenets garnered by Admiral William H. McRaven over 37 years as a U.S. Navy SEAL. Humility, sacrifice, stewardship, and legacy are the 'core four' of the Helmwise methodology's State of the Captain, and each will be tested when the stakes and pressure are high. McRaven's most recent book, *Conquering Crisis*, provides guidance and wisdom to heed during such situations.



The State of the Captain must synergize with the State of the Sea during periods of uncertainty and tension. It is critical during such times that the Core Discipline of asking the right question, at the right time and depth, be honed and on point. Now is the time to prepare for a crisis, and McRaven shares ten lessons that Captains should learn before they need them. John Wooden's saying that "When opportunity presents itself, it is too late to prepare," can be revised to "When crisis strikes, it is too late to learn." Leveraging McRaven's experience we can be ready when the next tempest hits.

WHEN: Thursday, September 11, 2025 12:00p ET

WHERE: Zoom

RESOURCE: [Conquering Crisis](#)

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